



Sankramanam Procedures & Rules:

If Sraarddham falls during Sankramanam, then Kartha should perform Tharpanam first followed By Sraarddham, food consumption.

Both [Utharaayanam](#), [Dakshinaayana](#) [Punyakaala](#) [Ayana](#) [Tharpanam](#) should be performed during Utharayanam persists i.e. (just before Aadi (1st day of AashAda month) Maasa Pirappu and just after Thai Maasa Pirappu (after 1st day of Makara Month)

During Mahaalayapaksham if Father or Mother's Prathyaabthika (Varsha) Sraarddham falls, then Sraarddham should be performed first and in the next upcoming Krishna Paksha Thithi - you should perform Mahalayapaksha TharaNam for Father/Mother/Ancestors.

Mahaalayapaksha Tharpanam must be performed before Kaarthikai Krishnapaksham. During Mahaalaya Paksha TharpaNam, after Sankalpam, Hiranyam (Money) Should Be Given to Brahmins (Dhaththam), followed by TharpaNam.

When Movement Of Sun Enters 'Sthira' Raasi (Rishabam, Simham, Kumbham, Vruschikam) - It Is Called "Vishnupathi Kaalam".

When Sun Moves and enters Makaram, Kataka Raasi – it is called Ayana PuNyakaalam

When Sun Moves and enters Thula, Mesha Raasi – it is called Vishu PuNyakaalam – Urdhva Vishu Mesham, Adho Vishu Thulaam

When Sun moves and enters Ubhaya Raasi (Mithunam, Kanni, Dhanusu, Meenam) it is called "Shadasheethi".

[At the service of Sanathana Dharma,](#)

ESHWAR GOPAL

24.02.2018 – www.pradosham.com – info@pradosham.com

VILAMBI VARSHA SANKRAMANAM THARPA NA MANTHRAM - APRIL 2018 - APRIL 2019

Compiled and presented by Eshwar Gopal, Ramakrishnan(Jr) and Suresh based on Vaakya (Paambu) Panchangam

Note: TharpaNa Thithi falls on the day when there is a balance of 20 Naazhigai i.e. 8 hours which is calculated from sunrise. TharpaNam should be performed on the day when this calculation applies.

Achamanam... Sankalpam: Achuthaya Namah, Ananthaaya Namaha, Govindaya Namaha, Kesava, naaraayaNa, maadhava, govinda, vishnu, madhusoodana thrivikrama, vaamana, sridhara, hrusheekesha, pathmanabha....daamodara.....then.....suklAm baratharamOm bhU: + bhUrbhuvasvarom, mamopAththa, samastha dhuridayakshathvaara sri parameshwara preethathrthyam, apavithra : pavithrovA sarvAvasthAm kathobivA, yasmareth puNdareekAksham, sapAhyA, abhyanthara: suchi: mAnasam vAchikam, pApam, karmnA, samupArjitham, sree rAma, smaraNenaiva, vyapohathi nasamsaya: srl rAma rAma rAma thithirvishNu: thathAvAra: nakshathram, vishNurevacha yogashcha karaNanchaiva sarvam vishNumayam, jakath, shrl govintha govintha, govintha adhyashree bhagavatha: mahA purushasya vishNorAkgyA pravarththamAnasya, adhyabhrummaNa: dhvitheeya parArththe shvetha, varAhakalpe, vaivasvatha, manvantharey, ashtAvimshathi, thame, kalyuge, prathamepAthe jambhUdhweepe, bhArathavarshay, bhArathakaNtemero: dakshiNe pArshvey sahAbthey, asminvarththamANe, vyApahArike, prabhavAthi, shashtyaam, samvathsarANAm, madhye.....then recite following mantra.

14.04.2018 - Saturday – Chithirai 01 - SHANNAVATHI – SankramaNa TharpaNam

ViLambi nAma Samvathsarey **UtharAyaNe**, Vasantha Ruthow, Mesha **Maase**, Krishna pakshe, **Chathurdashyaam** Punyathithow vaasaraha vaasarasthu Sthira Vasara yukthAyAm, **Uthraproshtapadhaa** nakshathra yukthAyAm, **Maahendra naama** yoga, **Bhadrai naama** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **Chathurdashyaam** punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthyarhtham Chaithravishu punyakaale vargadwaya pithrun-udishya Mesharavi SankramaNa Sraarddham thila tharpaNa roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) **Chaithravishu punyakaale vargadwaya pithrun-udishya Mesharavi SankramaNa Sraarddham** hiraNya roopena adhya karishye - thathangam thila tharpaNa roopena adhya karishye.

15.05.2018 - Tuesday – Vaikasi 01 - SHANNAVATHI – SankramaNa THARPANAM

Vilambi nAma Samvathsarey **UtharAyaNe**, Vasantha Ruthow, Vrushabha **Maase**, KrishNa pakshe, **Amavaasyaayaam** Punyathithow vaasaraha vaasarasthu Bhowma Vasara yukthAyAm, **Kruthikaa** nakshathra yukthAyAm, **Shobhana naama** yoga, **Naagava naama** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **Amavaasyaayaam** punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthyarhtham **VishNupathi punyakaale vargadwaya pithrun-udishya Vrushabharavi SankramaNa Sraarddham** thila tharpaNa roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) **VishNupathi punyakaale vargadwaya pithrun - udishya Vrushabharavi SankramaNa Sraarddham** hiraNya roopena adhya karishye - thathangam thila tharpaNa roopena adhya karishye.

15.06.2018 - Friday – Aani 01 - SHANNAVATHI – SankramaNa THARPANAM

Vilambi nAma Samvathsarey **UtharAyaNe**, Greeshma Ruthow, Mithuna **Maase**, Shukla pakshe, **Dwideeyaayaam** Punyathithow vaasaraha vaasarasthu Bhrgu Vasara yukthAyAm, **Aardhraa** nakshathra yukthAyAm, **Vruddhi naama** yoga, **Baalava naama** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **Dwideeyaayaam** punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthyarhtham **Shadasheethi puNyakAIE vargadwaya pithrun-udishya Mithuna Ravi SankramaNa Sraarddham** thila tharpaNa roopena adhya karishye.

VILAMBI VARSHA SANKRAMANAM THARPARA MANTHRAM - APRIL 2018 - APRIL 2019

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(if you are doing HiranyaSraadhham then recite) **Shadasheethi puNyakAIE vargadwaya pithrun - udishya Mithuna Ravi SankramaNa Sraardhdham** hiraNya roopena adhya karishye - thathangam thila tharpara roopena adhya karishye.

(19) 16.07.2018 - Monday – Aani 32 - SHANNAVATHI – DhakshiNayana Punyakaalam THARPANAM

Vilambi nAma Samvathsarey **UtharAyaNe**, Greeshma Ruthow, Mithuna **Maase**, Shukla pakshe, **Chathurthyaam** Punyathithow vaasaraha vaasarasthu Indu Vasara yukthAyAm, **Maghaa** nakshathra yukthAyAm, **Vyatheepaadha naama** yoga, **Vanajai naama** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **Chathurthyaam** punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthyarhtham **DhakshiNayana puNyakAIE vargadwaya pithrun - udishya Karkataka Ravi SankramaNa Sraardhdham** thila tharpara roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) **DhakshiNayana puNyakAIE vargadwaya pithrun - udishya Karkataka Ravi SankramaNa Sraardhdham** hiraNya roopena adhya karishye - thathangam thila tharpara roopena adhya karishye.

(26) 17.08.2018 - Friday – AavaNi 01 - SHANNAVATHI – SankramaNa THARPANAM

Vilambi nAma Samvathsarey **DakshiNayane**, Varsha Ruthow, Simha **Maase**, Shukla pakshe, **Sapthamyaam** Punyathithow vaasaraha vaasarasthu Bhrgu Vasara yukthAyAm, **Swathee** nakshathra yukthAyAm, **Subrahma naama** yoga, **Garajai naama** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **Sapthamyaam** punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthyarhtham ViShNupathi puNyakAIE vargadwaya pithrun-udishya Simha Ravi SankramaNa Sraardhdham thila tharpara roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) **ViShNupathi puNyakAIE vargadwaya pithrun-udishya Simha Ravi SankramaNa Sraardhdham** hiraNya roopena adhya karishye - thathangam thila tharpara roopena adhya karishye.

(33) 17.09.2018 - Monday – Purattasi 01 - SHANNAVATHI – SankramaNa THARPANAM

Vilambi nAma Samvathsarey **DakshiNayane**, varsha Ruthow, kanya **Maase**, Shukla pakshe, **Ashtamyaam** Punyathithow vaasaraha vaasarasthu Indu Vasara yukthAyAm, **Moolaa** nakshathra yukthAyAm, **AyuShmaan naama** yoga, **bhava naama** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **Ashtamyaam** punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthyarhtham **Shadasheethi puNyakAIE vargadwaya pithrun-udishya Kanya Ravi SankramaNa Sraardhdham** thila tharpara roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) **Shadasheethi puNyakAIE vargadwaya pithrun-udishya Kanya Ravi SankramaNa Sraardhdham** hiraNya roopena adhya karishye - thathangam thila tharpara roopena adhya karishye.

(52) 18.10.2018 - Thursday – Aippasi 01 - SHANNAVATHI – SankramaNa THARPANAM

Vilambi nAma Samvathsarey **DakshiNayane**, Sharath Ruthow, Thula **Maase**, Shukla pakshe, **Navamyaam** Punyathithow vaasaraha vaasarasthu Guru Vasara yukthAyAm, **ShravaNa** nakshathra yukthAyAm, **Dhruthee naama** yoga, **Koulava naama** karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm **Navamyaam** punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm

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akshayya thrupthartham Thula Ravi puNyakAIE vargadwaya pithrun-udishya Thula Ravi SankramaNa Sraardhham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Thula Ravi puNyakAIE vargadwaya pithrun-udishya Thula Ravi SankramaNa Sraardhham hiraNya roopena adhya karishye - thathangam thila tharpana roopena adhya karishye.

(58) 17.11.2018 - Saturday – Kaarthigai 01 - SHANNAVATHI – SankramaNa (vruschika ravi) THARPANAM

Vilambi nAma Samvathsarey DakshiNayane, Sharath Ruthow, Vruschika Maase, Shukla pakshe, Dashamyaam Punyathithow vaasaraha vaasarasthu Sthira Vasara yukthAyAm, Poorvaproshtapadha nakshathra yukthAyAm, Vyaakyaatha naama yoga, Thaitthula naama karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm Dashamyaam punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthartham viShNupathi puNyakAIE vargadwaya pithrun-udishya Vruschiga Ravi SankramaNa Sraardhham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) viShNupathi puNyakAIE vargadwaya pithrun-udishya Vruschiga Ravi SankramaNa Sraardhham hiraNya roopena adhya karishye - thathangam thila tharpana roopena adhya karishye.

(64) 16.12.2018 - Sunday – Maargazhi 01 - SHANNAVATHI – SankramaNa THARPANAM

Vilambi nAma Samvathsarey DakshiNayane, Hemantharuthow Ruthow, Dhanur Maase, Shukla pakshe, Navamyaam Punyathithow vaasaraha vaasarasthu Bhaanu Vasara yukthAyAm, Uthraproshtapadhaa nakshathra yukthAyAm, Vyatheepadha naama yoga, Baalava naama karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm Navamyaam punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthartham Shadasheethi puNyakAIE vargadwaya pithrun-udishya Dhanur Ravi SankramaNa Sraardhham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Shadasheethi puNyakAIE vargadwaya pithrun-udishya Dhanur Ravi SankramaNa Sraardhham hiraNya roopena adhya karishye - thathangam thila tharpana roopena adhya karishye.

(72) 15.01.2019 - Tuesday – Thai 01 - SHANNAVATHI – SankramaNa THARPANAM

Vilambi nAma Samvathsarey UtharAyaNe, Hemantharuthow Ruthow, Makara Maase, Shukla pakshe, Navamyaam Punyathithow vaasaraha vaasarasthu Bhowma Vasara yukthAyAm, Ashwinee nakshathra yukthAyAm, Saadhya naama yoga, Baalava naama karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm Navamyaam punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthartham UtharAyaNa puNyakAIE vargadwaya pithrun-udishya Makara Ravi SankramaNa Sraardhham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) UtharAyaNa puNyakAIE vargadwaya pithrun-udishya Makara Ravi SankramaNa Sraardhham hiraNya roopena adhya karishye - thathangam thila tharpana roopena adhya karishye.

(80) 13.02.2019 - Wednesday – Maasi 01 - SHANNAVATHI – SankramaNa THARPANAM

Vilambi nAma Samvathsarey UtharAyaNe, Shishira Ruthow, Kumbha Maase, Shukla pakshe, Navamyaam Punyathithow vaasaraha vaasarasthu Sowmya Vasara yukthAyAm, Kruthikaa nakshathra yukthAyAm, Maahendra naama yoga, Baalava naama karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm Navamyaam punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra

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Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthiartham ViShNupathi puNyakAIE vargadwaya pithrun-udishya Kumbha Ravi SankramaNa Sraardhham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) ViShNupathi puNyakAIE vargadwaya pithrun-udishya Kumbha Ravi SankramaNa Sraardhham hiraNya roopena adhya karishye - thathangam thila tharpana roopena adhya karishye.

(89) 15.03.2019 - Friday – Panguni 01 - SHANNAVATHI – SankramaNa THARPANAM

Vilambi nAma Samvathsarey UtharAyaNe, Shishira Ruthow, Meena Maase, Shukla pakshe, Navamyaam Punyathithow vaasaraha vaasarasthu Bhrgu Vasara yukthAyAm, Aardhraa nakshathra yukthAyAm, SowbhAgya naama yoga, Koulava naama karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm Navamyaam punyathithow (pracheena veethi - change your holy thread to right hand shoulder)gothrANAam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhayavamsa pithrunAm akshayya thrupthiartham Shadasheethi puNyakAIE vargadwaya pithrun-udishya Meena Ravi SankramaNa Sraardhham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Shadasheethi puNyakAIE vargadwaya pithrun-udishya Meena Ravi SankramaNa Sraardhham hiraNya roopena adhya karishye - thathangam thila tharpana roopena adhya karishye.

(((NAMASKAAR)))

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