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Achamanam... <u>Sankalpam:</u> Achuthaya Namah, Ananthaaya Namaha, Govindaya Namaha, Kesava, naaraayaNa, maadhava, govinda, vishnu, madhusoodana thrivikrama, vaamana, sridhara, hrusheekesha, pathmanabha....daamodara.......then.....suklAm baratharam ...........Om bhU: + bhUrbhuvasvarom, mamopAththa, samastha dhuridayakshathvaara sri parameshwara preethathrthyam, apavithra: pavithrovA sarvAvasthAm kathobivA, yasmareth puNdareekAksham, sapAhya, abhyanthara: suchi: mAnasam vAchikam, pApam, karmnA, samupArjitham, sree rAma, smaraNenaiva, vyapohathi nasamsaya: srl rAma rAma rAma thithirvishNu: thathAvAra: nakshathram, vishNurevacha yogashcha karaNanchaiva sarvam vishNumayam, jakath, shrl govintha govintha, govintha adhyashree bhagavatha: mahA purushasya vishNorAkgyA pravarththamAnasya, adhyabhrummaNa: dhvitheeya parArththe shvetha, varAhakalpe, vaivasvatha, manvantharey, ashtAvimshathi, thame, kalyuge, prathamepAthe jambhUdhweepe, bhArathavarshey, bharathakaNtemero: dakshiNe pArshvey sahAbthey, asminvarththamANe, vyApahArike, prabhavAthi, shashtyaam, samvathsarANAm, madhye.......then recite following mantra.

#### 17.09.2016 - SATURDAY

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, Prathamyaam Punyathithow vaasaraha vaasarasthu Sthhira Vasara yukthAyAm, Uthraproshtapradha nakshathra yukthAyAm, Kanta naama yoga, Baalava karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm Prathamyaam punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha thathuparee Shadasheethee puNyakAlE adhya dhina mahALaya srAddham thathuparee KanyA ravi SangramaNa Sraarddham cha thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham thathuparee KanyA Ravi SangramaNa Sraardham cha hiraNya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

- Note 1: (Do extra AvAhanam after performing AvAhanam of Father/Mother's lineage by adding one more koorcham) Thaththath GothrAnAm thaththath sharmanAm vasu-rudra-Aditya swaroopanAm pithrubhya mAthulAthi vargadvaya avasishTAnAm sarveshAm asmin thrutheeya koorche sakArunika pithroon AvAhayAmi.
- Note 2: (After completing tharpanam of Father/Mother's lineage do extra tharpanam by reciting) Thaththath GothrAnAm thaththath sharmanAm vasu-rudra-Aditya swaroopanAm pithrubhya mAthulAthi vargadvaya avasishTAnAm sarveshAm asmin thrutheeya koorche SakArunika pithroon swatha namas tharpayAmi (3 times and pour water).
- Note 3: (YathAsthAnAm -restore to pre-existing) : Oorjam Vahantheehi Amrutham Ghrutham Payaha keelAlam parsrutham swadhAstha Tharpayathame sakArunika varqadvaya pithruoon yathAsthAnam prathiShTApayAmi.)

### Repeat the note 1, 2, 3 above in all Mahalayapaksha Tharpanam below

#### 18.09.2016 - SUNDAY

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, DwitheeyAyAm Punyathithow vaasaraha vaasarasthu Bhaanu Vasara yukthAyAm, Revathee nakshathra yukthAyAm, Vrudhdhi naama yoga, Thaithula karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm DwitheeyAyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

# 19.09.2016 - MONDAY

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, ThrutheeyAyAm Punyathithow vaasaraha vaasarasthu Indhu Vasara yukthAyAm, Ashwinee nakshathra yukthAyAm, Dhuruva naama yoga, Vanijai Thathuparee Garasai karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm ThrutheeyAyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam

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sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

### **20.09.2016 - TUESDAY (MAHA BHARANI)**

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, ChathurthyAm Punyathithow vaasaraha vaasarasthu Bhowma Vasara yukthAyAm, Apabharanee nakshathra yukthAyAm, VyakyAtha naama yoga, Baalava karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm ChathurthyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

#### 21.09.2016 - WEDNESDAY

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, PanchamyAm Punyathithow vaasara vaasarasthu Sowmya Vasara yukthAyAm, Kruthigaa nakshathra yukthAyAm, HarshaNa naama yoga, Thaithula karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm PanchamyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

## 22.09.2016 - THURSDAY

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, ShashTyAm Punyathithow vasaraha vaasarasthu Guru Vasara yukthAyAm, Rohinee nakshathra yukthAyAm, Vajra thathuparee Siddhi naama yoga, Vanijai karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm ShashTyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye.)

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#### 23.09.2016 - FRIDAY - (MAHAVYATHEEPAADHAM & MADHYAASHTAMI)

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, SapthamyAm thathuparee AshTamyAm Punyathithow vaasaraha vaasarasthu Brugu Vasara yukthAyAm, Mrughasheero nakshathra yukthAyAm, Vyathipaatha yoga, Bhava thathuparee Baalava karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm SapthamyAm thathuparee AshTamyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAthAmaha mAthu: pithAmaha mAthu: prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-vasu- svaroopaanaam pithruvya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNeeka pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

#### 24.09.2016 - SATURDAY (AVITHAVA NAVAMI)

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, AshtamyAm thathuparee Navamyaam Punyathithow vaasara vaasarasthu Sthira Vasara yukthAyAm, AardhrA nakshathra yukthAyAm, Vareeyaan yoga, Kaulava thathuparee Thaithula karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm AshtamyAm Thathuparee NavamyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

# 25.09.2016 - SUNDAY

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, DasamyAm Punyathithow vAsaraha Vasarasthu Bhaanu Vasara yukthAyAm, Punarvasoo nakshathra yukthAyAm, Pareega naama yoga, Vanijai karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm DasamyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

#### 26.09.2016 - MONDAY

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, EkadasyAm Punyathithow vaasaraha vaasarasthu Indhu Vasara yukthAyAm, Pushya nakshathra yukthAyAm, Shiva naama yoga, Bhava karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm EkaadasyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

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#### 27.09.2016 - TUESDAY (SANYASTHA MAHALAYAM)

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, DwaadasyAm Punyathithow vaasaraha vaasarasthu Bhowma Vasara yukthAyAm, AasleshA nakshathra yukthAyAm, Sidhdha naama yoga, Kaulava karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm DwaadasyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

### 28.09.2016 - WEDNESDAY

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, ThrayOdasyAm Punyathithow vaasaraha vaasarasthu Sowmya Vasara yukthAyAm, MaghA nakshathra yukthAyAm, Saadhya naama yoga, Karasai karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm ThrayOdasyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

#### 29.09.2016 - THURSDAY

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, ChathurdasyAm Punyathithow vaasaraha vaasarasthu Guru Vasara yukthAyAm, Poorvaphalguni nakshathra yukthAyAm, Shubhanaama naama yoga, Bhadrai karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm ChathurdasyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

# 30.09.2016 - FRIDAY (being AmavasyA today perform only one Tharpanam)

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Krishna pakshe, AmAvAsyAyAm Punyathithow vaasaraha vaasarasthu Brugu Vasara yukthAyAm, Uthraphalguni nakshathra yukthAyAm, Subramma naama yoga, ChathushpAdha karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm AmAvAsyAyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).

Compiled and Presented by Eshwar Gopal and Ramakrishnan (JR) based on Vaakya Panchangam (Indian time)

#### 01.10.2016 - SATURDAY

Dhurmukhi nAma Samvathsarey DakshiNAyaNe Varsha Rudhow, Kanya mAse, Shukla pakshe, PrathamyAm Punyathithow vaasraha vaasarasthu Sthira Vasara yukthAyAm, Hastha nakshathra yukthAyAm, BhrAmya yoga KimsthuGhna karaNa, evanghuna viseshena vishishtayAm AsyAm vardhamAnAyAm PrathamyAm punyathithow (pracheena vidhi - change your holy thread to right hand shoulder) ......gothrANaam (recite Father's GothrA), vasu rudra aditya svaroopAnAm asmath pithru pithAmaha prapitAmahAnAM (recite those not having mother) mAthru pithAmahee prapithAmaheenAm (recite those having mother) pithAmaheepithupithAmahee pithu prapithAmaheenAm (Mother's GothrA should be recited)..... gothrAnAm vasu rudra Adhitya svaroopAnAm asmath sapatneeka mAtAmaha mAthup pithAmaha mAthup prapithAmahAnAm ubhaya vamsa pithrunAm thathath GothrAnAm thaththath sharmanaam vasu-rudhra-aadhitya svaroopaanaam pithrubhya maathulaathhi vargadvaya avasishTanAm sarveshaam sakaaruNiika pithrUnAmscha ubhayavamsa pithrUnAmscha dhurlochana samyakaanAm vishveshAm devAnAm mahAvishNUscha akshayya thrupthyarhtham kanyAdathey savidhari aShAtyAkA panchamAparapaksha prayuktha mahALayapaksha puNyakAlE adhya dhina mahALaya srAddham thila tharpana roopena adhya karishye.

(if you are doing HiranyaSraadhham then recite) Adhyadhina Prayuktha MahALayapaksha Sraadhdham hiranya roopena Adhyakarishye thathangam thila tharpana roopena adhya karishye).